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A BOOK THAT WILL SAVE BROKEN AND STRENGTHEN HEALTHY MARRIAGES

Author of *No Longer Two: A Guide to How God Created Men, Women and Marriage* Dispels Common Myths and Provides a Guide for How to Have a Happy and Successful Faith-Based Marriage

Chandler, AZ - Given the sad fact that approximately 50% of all marriages end in divorce, the institution of marriage could definitely use some help. The top reason cited for why people get divorced is poor communication. Published by the author, Jennifer Miller's new book *No Longer Two: A Guide to How God Created Men, Women and Marriage* dispels commonly held myths about gender differences that result in poor communication, conflict, and marital strife. The book takes a fresh look at men, women, and marriage, offering new insights into how men and women think and behave. It helps people understand the actual purpose of marriage and their roles. It also decodes the marriage instruction manual outlined in the Bible with a fresh, humorous, and welcome approach.

With over 10 years as a Licensed Professional Counselor and over 8 years as a marriage and family pastor with degrees from both Pepperdine University and Liberty University Graduate Seminary, Jennifer developed a comprehensive and transformational model and curriculum for strengthening marriage and families called Home Life Revolution. As Co-Executive Director of The Center for Living Well, she leads classes, workshops, and retreats on a wide range of topics including faith, marriage, and parenting.

Miller states, "The book is called *No Longer Two* because the key to marriage is oneness - figuring out how we fit together and work together. It is shifting from being about 'me' to being about 'we.'"

Feedback on the book has been overwhelmingly positive from both men and women because the approach really honors the value that both genders bring to the table. Robin Kwiatkowski shared, "As a man and after years of trying to figure women out - this book has enlightened my understanding of women and how differently God intentionally created us with a great purpose. It's a great read, easy to understand, hard to put down and a life/relationship changer. Don't spend another day in a relationship without it!!"

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Using the principles from the book, Miller offers marriage and parenting classes, marital coaching, and private counseling at The Center for Living Well. She will also provide an immersion experience of the book at the “No Longer Two” marriage retreat to be held August 15-17 in Oracle, AZ.

With the first part of the book dedicated to understanding the differences in the way in which men and women were created, an explanation is provided for the gender gap and the roles of men and women. The rest of the book serves to bridge that gap, and takes a look at why marriage exists and the role of each partner. Conversational, fun, engaging and a bit edgy, *No Longer Two: A Guide to How God Created Men, Women and Marriage* provides readers with an easy-to-follow and effective way to understand themselves, the purpose of marriage, and their role as a healthy partner in a successful marriage.

Miller combines her passion for Christianity with her commitment to strengthening marriages that could be the answer marriages so desperately need. *No Longer Two: A Guide to How God Created Men, Women and Marriage* is a must-have book for those looking to strengthen their marriage or for those looking to understand themselves and the other sex in light of our differences in order to have better relationships in the future.

Meet the Author, Jennifer Miller:

Jennifer Miller, MAR, MA, LPC is both a Christian pastor and professional counselor, combining her expertise in both psychology and theology to help countless individuals, couples, and families in private practice, church-based ministry, services provided through her nonprofit, as well as through her writing, speaking, and teaching. She is the co-founder and Co-Executive Director of The Center for Living Well, a nonprofit Christ-centered wellness ministry that offers programs that help people find health and healing in mind, body, heart, and spirit. She regularly leads classes, workshops, and retreats through the Center on a wide range of topics including faith, marriage, and parenting. She is also a Master-level Christ-Centered Yoga Leader at the Center. Her other published work consists of her Home Life Revolution curriculum that combines faith, marriage, and parenting to bring true transformation to anyone’s home life. *No Longer Two* is an expanded version of the marriage portion of that curriculum. You can find more by Jennifer through both www.nolonger2.com and www.centerforlivingwell.org.

Jennifer is happily married to her high school sweetheart, Brandon. They live in Chandler, Arizona with their two boys, Nathaniel and Samuel. She also has a grown stepson, Ky, and two godchildren, Hannah and Aidan.

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Title: *No Longer Two: A Guide to How God Created Men, Women and Marriage*

Author: Jennifer Miller

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For more information about The Center for Living Well, class schedules, or teacher education programs, visit www.centerforlivingwell.org, email info@centerforlivingwell.org, or call 480-505-3825.

ABOUT THE CENTER FOR LIVING WELL:

Based in Phoenix, The Center for Living Well is a 501(c)3 non-profit wellness ministry that helps individuals, couples, and families find healing, wellness and wholeness through Christ-centered wellness programs, retreats, and training. The Center for Living Well is dedicated to providing tools which help people become a healthy and integrated self, dependent on God, in community with others. Program offerings currently include yoga teacher training, yoga and wellness retreats, yoga classes, nutritional workshops, mindful eating classes and coaching, marriage and parenting classes, counseling, yoga therapy, Thai yoga therapy, and Bible study. The Center has plans to expand its offerings in 2013 to include master yoga instructor training, financial “health” classes and workshops, yoga continuing education workshops, and more.

To date, The Center for Living Well has certified CCYL teachers in Arizona, Florida, Montana, Oregon, Washington, and Canada and will be adding new teachers in Illinois, Michigan, and Scotland this spring. Its Canadian Division, based in Saskatoon, is also certifying instructors with plans to further expand throughout Canada. For more information about The Center for Living Well, please visit www.centerforlivingwell.org, email info@centerforlivingwell.org, or call 480-250-5967. For more information about the Canadian division, please visit www.centerforlivingwell.org, email shirley@centerforlivingwell.org or call 306-270-8638.

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